



| MONDAY | | | | | |
|------------------|---|-------------|---|-------------|---|
| TIME | WALSH STUDIO | TIME | LILLY STUDIO | TIME | ZAVIER STUDIO |
| 9:30-11:00 | Technique: Vitacca Ballet, Pro- Ms. Lester | 10:00-11:00 | Ballet Conditioning: AC1, AC2 – Ms. Sciulli-Bowen | | |
| 11:05-2:00 | Vitacca Ballet Rehearsal – Ms. Shelley | 11:15-12:30 | Technique: Accelerated 1, 2 – Ms. Lester | 11:00-11:45 | Ballet Conditioning: Pro, Accelerated 3 – Sciulli-Bowen |
| | | 12:30-1:15 | Pointe: Pro, Accelerated 1, 2 – Ms. Lester | 11:45-1:15 | Technique: Accelerated 3 – Ms. Sciulli-Bowen |
| | | 1:15-2:00 | Coaching: Classical – Pro, Accelerated 1, 2 – Ms. Lester | 1:15-2:00 | Pointe: Accelerated 3 - Ms. Sciulli-Bowen |
| 2:30-3:15 | Coaching Cont.: Accelerated 2, 3 – Ms. Shelley | 2:15-3:15 | PBT: Pro, Accelerated 1 – Ms. Dalbratt | | |
| 3:30-4:30 | Coaching Cont: Pro Accelerated 1 – Ms. Shelley | 3:15-4:00 | PBT: Accelerated 2, 3 – Ms. Dalbratt | | |
| | | | | | |
| 5:00-6:00 | RAP or Composition Study – Ms. Shelley | 4:45-6:00 | Ballet: A – Ms. Fonseca | 4:45-6:00 | Ballet: B – Ms. Dalbratt |
| 6:00-7:15 | Ballet: D, DI 13+ - Ms. Pikula Mason | 6:00-7:15 | Technique: A/B, C DI 11+ – Ms. Fonseca | 6:00-6:45 | Tap (Beg/Int for ages 7+)- Ms. Logan |
| 7:15-8:15 | Pointe: D, DI 13+ - Ms. Pikula-Mason Men’s Light Weights + Conditioning – Mr. Kurulkar | 7:15-8:15 | Pointe: A/B, C, DI 11+ – Ms. Fonseca | 6:45-7:30 | YAPC 2 Rehearsal – Ms. Dalbratt, Ms. Logan |
| 8:15-8:45 | Coaching Cont.: D - Mr. Kurulkar | 8:15-9:00 | Classical Ensemble: A/B, C, (A/B invite reg) – Ms. Pikula Mason | 7:30-8:30 | YAPC 1 Rehearsal – Ms. Dalbratt, Ms. Logan |
| TUESDAY | | | | | |
| TIME | WALSH STUDIO | TIME | LILLY STUDIO | TIME | ZAVIER STUDIO |
| 9:30-11:00 | Technique: Vitacca Ballet, Pro, AC1 – Ms. Bohnstedt | 9:30-11:00 | Technique: Vitacca Ballet + Pro Men – Mr. Reid | 9:30-11:00 | Technique: Accelerated 2, 3 – Ms. Moreira |
| 11:05-2:00 | Vitacca Ballet Rehearsal – Ms. Shelley | 11:00-12:00 | Pointe: Pro, Accelerated 1 – Ms. Bohnstedt | 11:00-11:45 | Pointe: Accelerated 2, 3 Ladies – Ms. Moreira |
| | | 12:00-12:45 | Coaching Classical: Pro, Accelerated 2, 3 – Ms. Bohnstedt | 12:00-12:45 | Men’s Light Weights + Conditioning: All AC Men – Mr. Reid |
| | | 12:45-1:45 | Classical Rehearsal: Pro, All AC – Ms. Bohnstedt | 1:00-2:00 | Men’s Variation Coaching – Mr. Reid |
| 2:00-3:00 | Pas de Deux – Pro, Accelerated 1 – Mr. Ried | 2:00-3:00 | Modern: Accelerated 2, 3 – Mr. Carmon | 2:00-2:30 | Hold for Vitacca Ballet or Classical Rehearsal – Mr. Reid |
| 3:00-4:00 | Modern: Pro, Accelerated 1 – Mr. Carmon | 3:00-3:45 | PBT: Accelerated 2, 3 – Ms. Dalbratt | 2:00-2:30 | AC Private Coaching – Ms. Bohnstedt |
| 4:00-4:45 | Coaching: Cont. – Accelerated 2, 3 – Mr. Carmon | | | 3:00-3:30 | AC Private Coaching – Ms. Bohnstedt |
| 5:00-6:30 | Ballet: D – Ms. Lester | 4:50-5:45 | Warm-up & Studio Co Rehearsal: AC3, C, A/B – Mr. Carmon | 3:30-4:00 | AC Private Coaching – Ms. Bohnstedt |
| 6:30-7:15 | Coaching + Classical Rehearsal: D – Ms. Lester | 5:45-6:30 | Contemporary: A/B, C – Mr. Carmon | 4:00-4:30 | AC Private Coaching – Ms. Bohnstedt |
| 7:15-8:15 | Pointe: D – Ms. Lester | 6:30-7:45 | Technique: A/B, C – Ms. Pikula Mason | 4:45-5:15 | Toddlers & Tutus (2-3) – Ms. Dalbratt |
| 8:30-8:50 | Coaching Classical: A/B, C – Ms. Pikula Mason | 7:45-8:30 | Pointe: A/B, C – Ms. Pikula Mason | 5:15-6:00 | Pre-Ballet 2 (5-6) – Ms. Dalbratt |
| | | | | 6:00-6:45 | Primary Ballet 1 (6-7) – Ms. Dalbratt |
| | | | | 6:45-7:45 | Primary 2 Ballet (7-8) – Ms. Dalbratt |
| WEDNESDAY | | | | | |
| TIME | WALSH STUDIO | TIME | LILLY STUDIO | TIME | ZAVIER STUDIO |
| 9:30-11:00 | Technique: Vitacca Ballet - Ms. Moriera | 11:00-11:30 | AC Private Coaching - Bohnstedt | | |
| 11:05-2:00 | Vitacca Ballet Rehearsal - Ms. Vitacca | 11:30-1:15 | Technique: Pro, Accelerated 1, 2 – Ms. Bohnstedt | 11:00-1:00 | Hold for Vitacca Ballet Rehearsal as needed |
| 2:05-2:45 | Coaching Classical: Pro, Accelerated 1 – Ms. Bohnstedt | 1:15-2:00 | Pointe: Pro, Accelerated 1, 2 – Ms. Bohnstedt | 1:00-2:30 | Technique: Accelerated 3 – Ms. Pikula-Mason |
| 2:45-3:30 | Classical Rehearsal Pro, AC 1, 2 (as called) – Ms. Bohnstedt | 2:30-3:15 | Pointe: Accelerated 3 – Pikula-Mason | 3:15-3:45 | AC Private Coaching – Ms. Pikula-Mason |
| 3:30-4:30 | Coaching Classical: Accelerated 2, 3 join – Ms. Bohnstedt | 3:40-4:30 | Coaching Cont.: Pro, Accelerated 1 – Mr. Carmon | 3:45-4:15 | AC Private Coaching – Ms. Pikula-Mason |
| | | 4:30-5:00 | Rehearsal: Pro, AC1, AC2 – Vitacca/Carmon | 4:45-5:30 | Pre-Ballet 1 (4-5) – Ms. Damiani |
| 5:00-5:55 | Studio Co Rehearsal, As Called – Mr. Carmon | 5:00-6:00 | Ballet: A (8-10) - Ms. Moreira | 5:30-6:00 | Coaching Cont.: A/B - Vitacca |
| 6:00-7:15 | Ballet: C, D – Ms. Bohnstedt | 6:00-6:45 | Modern: A, B, A/B (AC invite) – Mr. Carmon | 6:00-7:15 | Teen Ballet – Ms. Damiani |
| 7:15-8:15 | Modern: C, D – Mr. Carmon | 6:45-8:00 | Ballet: B, A/B* – Ms. Moreira | | |
| 8:15-8:45 | Coaching Cont.: C, D – Mr. Carmon | 8:00-8:30 | Pointe Prep: B – Ms. Moreira | | |

| THURSDAY | | | | | |
|-------------|---|-------------|--|-------------|---|
| TIME | WALSH STUDIO | TIME | LILLY STUDIO | TIME | ZAVIER STUDIO |
| 9:30-11:00 | Technique: Vitacca Ballet – Mr. Reid | | | | |
| 11:05-2:00 | Vitacca Ballet Rehearsal – Mr. Reid | 11:15-1:00 | Technique: Pro, Accelerated 1, 2 - Ms. Bohnstedt | 11:00-1:00 | Hold for Vitacca Ballet Rehearsal as needed |
| | | 1:00-1:45 | Pointe: Pro, Accelerated 1, 2 – Ms. Bohnstedt | 12:30-1:15 | Men’s Conditioning + Virtuosity – Mr. Kazbek |
| 2:00-2:45 | Pas de Deux: Pro, Accelerated 1, AC Men - Mr. Reid | 1:45-2:30 | Coaching Classical: Accelerated 2 – Ms. Bohnstedt | 1:15-2:45 | Technique: Accelerated 3 – Mr. Kazbek |
| 2:45-3:45 | Coaching Classical: Accelerated 1, 3 – Ms. Bohnstedt | 2:45-3:40 | Contemporary: Pro, Accelerated 2 – Ms. Dorr | 3:00-3:30 | AC Private Coaching - Mr. Kazbek |
| 3:45-4:30 | PBT: Pro, Accelerated 1, 2 – Ms. Dalbratt | | | 3:30-4:00 | AC Private Coaching - Mr. Kazbek |
| | | | | 4:30-5:00 | Toddlers & Tutus (2-3) – Ms. Dalbratt |
| 4:45-5:45 | Contemporary Center: Accelerated 1, 3, D – Ms. Dorr | 5:15-6:15 | Primary Ballet 2: – Ms. Damiani | 5:00-5:45 | Creative Movement (3-4) – Ms. Dalbratt |
| 5:45-7:15 | Ballet: D, AC3 – Ms. Bohnstedt | 6:15-7:30 | Ballet: A/B, C* – Ms. Pikula Mason | 5:45-6:15 | Conditioning: A, B, A/B - Ms. Logan |
| 7:15-8:00 | Pas de Deux: D, AC Men invite – Mr. Kurulkar | 7:30-8:15 | Pointe: A/B, C* – Ms. Pikula Mason | 6:15-7:00 | Jazz (Beg. for ages 7+) – Ms. Logan |
| 8:00-8:30 | Classical Coaching: D Men – Mr. Kurulkar | 8:15-8:45 | Classical Coaching: D Ladies - Ms. Pikula Mason | 7:00-8:15 | Ballet: A, B – Ms. Dalbratt |
| | | | | 8:15-8:45 | Pointe Prep: B – Ms. Dalbratt |
| FRIDAY | | | | | |
| TIME | WALSH STUDIO | TIME | LILLY STUDIO | TIME | ZAVIER STUDIO |
| 9:15-10:45 | Technique: Vitacca Ballet, Pro, AC1 – Ms. Lester | 9:15-10:45 | Ballet: Accelerated 2, 3 – Ms. Moriera | | |
| 11:00-12:30 | Vitacca Ballet Rehearsal – Ms. Shelley | 10:45-11:30 | Pointe: Pro, Accelerated 1, 2 Ladies – Ms. Lester | 10:45-11:30 | Pointe: AC3 – Ms. Moreira |
| 12:35-2:00 | Vitacca Ballet Rehearsal - Ms. Shelley | 11:30-12:00 | Coaching Classical: Accelerated 2, 3 Ladies - Ms. Lester | 11:30-12:30 | Men’s Continued Technique: Pro, AC Men – Mr. Kazbek |
| | | 12:00-1:00 | Coaching Classical: Pro, Accelerated 1 Ladies - Ms. Lester | 12:30-1:00 | Men’s Variation Coaching - Mr. Kazbek |
| | | 1:00-2:00 | Conditioning: Pro, Accelerated 1, 2, 3 – Ms. Logan | 1:00-1:30 | AC Private Coaching – Ms. Lester |
| | | 2:00-2:15 | Men’s Light Weights: All AC Men – Ms. Logan | 1:30-2:00 | AC Private Coaching – Ms. Lester |
| 5:00-6:15 | Ballet: A/B, C, D*, invite, DI11+ - Ms. Moreira | 5:00-6:15 | Ballet: B – Ms. Dalbratt | | |
| 6:15-7:00 | Pointe: A/B, C, D*, invite, DI11+ - Ms. Moreira | 6:15-6:45 | Pointe Prep: B- Ms. Dalbratt | | |
| 7:00-7:45 | Coaching Classical: A/B, C - Ms. Moreira | 6:45-7:30 | Contemporary Jazz: B- Ms. Wolf | | |
| 7:45-8:30 | Coaching Cont.: A/B, C – Ms. Wolf | | | | |
| SATURDAY | | | | | |
| TIME | WALSH STUDIO | TIME | LILLY STUDIO | TIME | ZAVIER STUDIO |
| 9:15-10:45 | Technique / Pointe: D, C*, DI 13+ -Ms. Pikula Mason | | | 9:15-10:00 | Pre-Ballet 1 & 2 - Ms. Dalbratt |
| 10:45-11:45 | Classical Rehearsal + Coaching: D - Ms. Pikula Mason | 11:00-12:15 | Adult Ballet - Dalbratt | 10:00-11:00 | Primary 1 & 2 - Ms. Dalbratt |
| 12:00-2:00 | Hold for <i>Coppelia</i> All Calls: 10.28, 12.2, 12.9 | 12:15-2:00 | Hold for <i>Coppelia</i> All Calls: 10.28, 12.2, 12.9 | 11:00-2:00 | Hold for <i>Coppelia</i> All Calls: 10.28, 12.2, 12.9 |

PRE-PROFESSIONAL DIVISION GENERAL INFORMATION

Attendance:

- Dancers are allowed (4) absences per term. Absences must be reported by 12:00pm daily. Please e-mail Houstonadmin@vitaccadance.com or call the office at 713.205.0355. Dancers that exceed four absences will be notified by email. All absences beyond four personal days require a makeup class.
- Mandatory classes are listed per division. Program dancers may be invited to attend additional classes and repertoire calls (additional fees apply).
- Studio Company dancers are required to hold and plan to attend all rehearsals within their day/evening/Saturday blocks. Rehearsals will be called by callboard and internal call calendar.
- Class schedule modifications may be made with School Director approval at beginning of each term. Please contact office to schedule a Director/Parent meeting to discuss potential schedule revisions.
- All Studio Company dancers ages 15+ are required to have/manage a work/dance email account and personally send absence emails (parents to be CCed).

Tuition:

- Division training costs (tuition) is based on a 36-week season and divided into ten payments from August through May. Month to month registration is not allowed. Tuition is due on the 1st of each month and late on the 3rd of each month.
- Late payments incur \$30 late fees. Late fees are applied to all required payments including wardrobe, coaching and registration fees.
- Credit card release forms are mandatory to participate in 2022-23 season, no exceptions. Forms are used for any late payments not received within 3 days of due date and call-in/requested payments.

- Additional registration and fees apply to B, C, A/B (the following are not mandatory yet additional training options) Classical Ensemble, RAP, solo/variation setting, and any additional technique classes. Additional registration and fees apply to C (the following are not mandatory, yet additional training options) Saturday 9:15am technique class.

PRE-PROFESSIONAL DIVISION GENERAL INFORMATION (CONTINUED)

- Additional registration and fees apply to AC: (the following are not mandatory, yet additional training options) RAP, solo/variation setting, and any additional technique classes
- All tuition and fees are non-refundable (includes paid full year tuition, and all other fees). In the case of serious illness or injury, exceptions may be made at the discretion of the school.
- Withdrawal from the School must be made in writing 30 days prior to the last lesson attended. Tuition will be charged until 30 days after the written notice is received. This does not apply to discounted pre-paid tuition. There are no refunds.

Facility Entrance/Exits and Observation:

- School doors open at 9:05am and close at 7:00pm daily. We kindly ask dancers do not try to enter the building earlier than 9:15am and parents after 7:00pm.
- Dancers are to arrive no earlier than 20 minutes prior to their first class and must exit the building within 15 minutes of their last class/rehearsal.
- Private coaching sessions may be scheduled during off/holiday times ONLY with coaches that have unlimited access to the building. Door monitoring does not occur during off time and/or over holidays.

Miscellaneous:

- No reimbursements offered at any time.
- Make up classes are required for all classes missed beyond dancer's allotted four personal days per term. Make up slips are to be picked up from the office and presented to the teacher at time of make-up class. There are no refunds for missed classes.
- Summer Training Requirement – All Returning YAPC and Studio Company dancers are required to train for three, complete weeks with Vitacca. Dancers 13+ are expected to train five weeks over the Summer break.
- During high performance season, classes may be rescheduled and/or adjusted.
- All classes are closed for observation. Parent Observation weeks scheduled per term.
- Changing Room assignments: Lilly changing room: B, A/B, C, AC3 – Walsh CR: AC1, AC2, D, Pro – Men's CR: All men – Xavier CR: Children's Program through A

CHILDREN'S PROGRAM GENERAL INFORMATION

Attendance:

- Dancers are allowed (4) absences per term. Absences must be reported by 12:00pm daily. Please e-mail houstonadmin@vitaccadance.com or call the office at 713.205.0355
- During high performance season, classes may be rescheduled and/or adjusted.
- Missed classes may be "made up" within 30 days of absence. A make-up class must be scheduled 24 hours in advance and may not always be available. Make up slips are to be picked up from the office and presented to the teacher at time of make-up class. There are no refunds for missed classes.

Tuition:

- Children's Program – Trial class required at class rate and one-time registration fee due upon registration. Tuition is due in 10 installments throughout the season.
- School Program – Placement class required at class rate and one-time registration fee due upon registration. Tuition is due in 10 installments throughout the season.
- Registration pro-rated options are offered during the first two months of each term
- All tuition and fees are non-refundable (includes paid in full tuition, and all other fees). (In the case of serious illness or injury, exceptions may be made at the discretion of the School.)
- Credit card release forms are mandatory to register/participate in 2023/24 season, no exceptions. Forms are used for any late payments not received within 3 days of due date and call-in/requested payments.
- Withdrawal from the School must be made in writing 30 days prior to the last lesson attended.
- Credit card release forms are required at time of registration.

Facility Entrance/Exits and Observation:

- Children's Program classes including Toddler+Tutus, Creative Movement, Pre-Ballet and Primary are open for observation. We kindly ask that all guests are mindful of the waiting room noise level allowing for a focused training environment.
- All Children's Program classes are to enter/exit through the parking lot foyer and reception area.
- All School Training classes including Division A, B, A/B, C and D are closed to observation and have one Parent Observation week per term.
- School doors open at 9:15am and close at 7:00pm daily. we kindly ask dancers not to enter the building earlier than 9:05am and parents after 7:00pm daily.
- Dancers are to arrive no earlier than 20 minutes prior to their first class and must exit the building within 15 minutes of their last class/rehearsal.
- Private coaching sessions may be scheduled during off/holiday times ONLY with coaches that have unlimited access to the building. Door monitoring does not occur during off time and/or over holidays.

2023-2024 Dress Code - Class Attire by Division

**ONSITE: Attire available for purchase onsite at Vitacca Schools while supplies last.
Approximate delivery time (if not in stock) is 8 weeks.**

| Division | Leotard Style | Color | Required Shoe *Shoes not sold at Vitacca | Required Tights *Tights not sold at Vitacca |
|---------------------|----------------------------------|-------------|---|---|
| Toddlers + Tutus | Leotard of choice | | Pink Ballet Shoes of Choice | Pink Tights |
| Creative Movement | Leotard of choice | | Pink Ballet Shoes of Choice | Pink Tights |
| Pre-Ballet | Bloch Cap Sleeve Skirted Leotard | Lavender | Pink Ballet Shoes of Choice | Pink Tights |
| Primary | SL04 SoDanca | Teal | Pink Ballet Shoes of Choice | Pink Tights |
| Division A | SL04 SoDanca | Teal | Pink Split-Sole Ballet Shoes | Pink Tights |
| Division B | SL04 SoDanca | Dark Purple | Pink Split-Sole Ballet Shoes | Pink Tights/SoDanca Mesh Back-seam tights for Performance |
| Division A/B | SL04 SoDanca | Dark Purple | Pink Split-Sole Ballet Shoes | Pink Tights/SoDanca Mesh Back-seam tights for Performance |
| Division C | SL04 SoDanca | Black | Pink Split-Sole Ballet Shoes | Pink Tights/SoDanca Mesh Back-seam tights for Performance |
| Division C - op. 2 | Cannella Ballet Rosa | Black | Pink Split-Sole Ballet Shoes | Pink Tights/SoDanca Mesh Back-seam tights for Performance |
| Division D | SL04 SoDanca | Black | Pink Split-Sole Ballet Shoes | Pink Tights/SoDanca Mesh Back-seam tights for Performance |
| Division D - op. 2 | Cannella Ballet Rosa | Black | Pink Split-Sole Ballet Shoes | Pink Tights/SoDanca Mesh Back-seam tights for Performance |
| Division Pro + AC1 | SL04 SoDanca | Black | Pink Split-Sole Ballet Shoes | Pink Tights/SoDanca Mesh Back-seam tights for Performance |
| Division AC2 | SL04 SoDanca | Black | Pink Split-Sole Ballet Shoes | Pink Tights/SoDanca Mesh Back-seam tights for Performance |
| Division AC3 | SL04 SoDanca | Black | Pink Split-Sole Ballet Shoes | Pink Tights/SoDanca Mesh Back-seam tights for Performance |
| Division AC - op. 2 | Cannella Bella Rose | Black | Pink Split-Sole Ballet Shoes | Pink Tights/SoDanca Mesh Back-seam tights for Performance |
| Men/Boys | SoDanca Men's Shirt | Black | Black Split-sole Ballet Shoes | Black Tights, Dance belt and Black waist belt |
| Contemporary | Same Leotard/Shirt as Above | | Barefoot | Tights or Black Dance Shorts |
| Tap | Ballet division Leotard | | Black flat Tap shoe | Black Tights or Black Dance Shorts |
| Jazz | Ballet division Leotard | | Tan slip-on Jazz shoe | Black Tights or Black Dance Shorts |